

COMBE PAFFORD SCHOOL MENU

w/b 1st, 21st Sept, 12th Oct, 9th 30th Nov

SCHOOL DINNERS

£2.30

FOOD ALLERGIES

&

INTOLERANCES

IF YOU HAVE ANY DIETARY
REQUIREMENTS PLEASE
SPEAK TO A MEMBER OF
STAFF.

LOCAL BUTCHER

LOCAL VEGETABLES

FREE RANGE EGGS

Monday	Tuesday	Wednesday	Thursday	Friday
<u>ASIAN NOODLES VG</u> Wholemeal noodles served with peppers, onions and beansprouts	<u>CARIBBEAN BEEF CURRY</u> Diced beef and potato in a rich Caribbean sauce served with rice	<u>ROAST GAMMON</u> Local butcher's gammon served with creamy mashed potato and gravy.	<u>BANGERS AND MASH.</u> Local butchers sausages served with creamy mashed potato and gravy	<u>CHICKEN NUGGETS</u> Homemade chicken nuggets served with oven baked chips
<u>MEAT FREE BURRITO VG</u> Seasoned quorn mince and rice wrapped in a tortilla	<u>SWEET POTATO AND LENTIL CURRY VG</u> Lentil, sweet potato and vegetable curry served with rice	<u>VEGGIE ROAST V.</u> Stuffing, vegetables and Quorn sausages served with creamy mashed potato and gravy.	<u>VEGGIE TOAD IN THE HOLE. VG</u> Quorn sausages baked in Yorkshire pudding served with mashed potato and gravy	<u>FALAFEL BURGER</u> Crispy vegetable burger served in a bun with salad and wedges. Vg.
<u>JACKET POTATOES</u> Served with a selection of toppings.	<u>JACKET POTATOES</u> Served with a selection of toppings.		<u>JACKET POTATOES</u> Served with a selection of toppings.	<u>JACKET POTATOES</u> Served with a selection of toppings.
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STICKY TOFFEE PUDDING	OAT COOKIES	APPLE CRUMBLE AND CUSTARD	ICED FINGER BUN	CHOC ICE AND FRUIT



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w/b 7th, 28th Sept, 19th Oct, 16th Nov, 7th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
<u>CHEESE PIZZA V.</u> Thick base pizza topped with tomato sauce and cheese.	<u>BEEF LASAGNE</u> Local butchers mince Bolognese layered with white sauce and lasagne sheets baked in the oven	<u>ROAST PORK</u> Local butchers loin of pork served with mashed potato and gravy	<u>CHICKEN FAJITAS</u> Local butchers chicken diced in a fajita seasoning with onions and peppers, served with rice and a wholemeal wrap	<u>FISH FINGER</u> Oven baked battered cod fish fingers served with oven baked chips, peas and beans
<u>MAC AND CHEESE V.</u> Macaroni pasta in a cheese sauce served with garlic bread	<u>QUORN LASAGNE V.</u> Quorn mince Bolognese layered with white sauce baked in the oven	<u>VEGGIE ROAST V.</u> Stuffing, vegetables and quorn sausages wrapped in crispy puff pastry served with creamy mashed potato and gravy.	<u>VEGGIE SKEWERS V.</u> Pepper, onions, mushrooms and cherry tomatoes grilled served with rice	<u>SALMON AND BROCCOLI QUICHE.</u> Homemade pastry filled with eggs, salmon, broccoli and cheese baked in the oven
<u>JACKET POTATOES</u> Served with a selection of toppings.	<u>JACKET POTATOES</u> Served with a selection of toppings.		<u>JACKET POTATOES</u> Served with a selection of toppings.	<u>JACKET POTATOES</u> Served with a selection of toppings.
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PINEAPPLE AND CHOCOLATE	GINGER BISCUITS	FRESH FRUIT PAVOLA	BAKEWELL CHERRY SLICE	FRUIT JELLY AND ICE CREAM



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w/b 14th Sept, 5th Oct, 2nd, 23rd Nov, 14th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
<u>BAKED PASTA CARBONARA</u> Local butchers ham diced with pasta in a creamy cheese sauce.	<u>CHILLI CON CARNE</u> Local butchers mince in a traditional sauce with kidney beans and onions served with rice.	<u>ROAST CHICKEN</u> Local butcher's chicken creamy mashed potato and gravy.	<u>THREE CHEESE PIZZA . V.</u> Thick base pizza topped with tomato sauce and three cheeses.	<u>BATTERED COD</u> Oven baked battered cod served with chunky chips and curry sauce.
<u>HALLOUMI WRAP VG.</u> Grilled halloumi with lettuce and sweet chilli jam in a wrap	<u>CREAMY CHEESE AND COURGETTE GNOCCHI VG</u> Gnocchi served in a cheese sauce with diced courgettes served with garlic bread.	<u>VEGGIE ROAST V.</u> Stuffing, vegetables and Quorn sausages wrapped in crispy puff pastry served with creamy mashed potato and gravy.	<u>SWEETCORN FRITTER V.</u> Oven baked lightly spiced sweetcorn patties served with fresh salad and coleslaw.	<u>QUORN NUGGETS V.</u> Quorn nuggets baked in the oven served with chunky chips.
<u>JACKET POTATOES</u> Served with a selection of toppings.	<u>JACKET POTATOES</u> Served with a selection of toppings.		<u>JACKET POTATOES</u> Served with a selection of toppings.	<u>JACKET POTATOES</u> Served with a selection of toppings.
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MARBLE SPONGE	ANGEL DELIGHT	FRUIT CRUMBLE & CUSTARD	SYRUP CORNFLAKE CAKES	FRESH FRUIT AND ICE CREAM

