Sports Week 16th June

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	Lesson 1 **9.00 - 9.50**	Lesson 2 **9.50 - 10.45**		Lesson 3 **11.00 - 11.55**	Lesson 4 **11.55 - 12.50**			Lesson 5 **1.35 - 2.30**	Lesson 6 **2.30 - 3.25**	
Monday	Wake and Shake Video			Get up and go video				Refocus video MS Trampoline drop ins (CK) (20 mins per class)		
Tuesday	Wake and Shake Video LS Girls Sport (CK) LS Boys Mental Health (RW)			Get up and go video MS Girls Sport (CK) MS Boys Mental Health (RW)				Refocus video Year 5/6 Aqua Aerobics US Girls Sport (CK) US Boys Mental Health (RW)		
Wed	Wake and Shake Video Healthy Eating Assembly			Get up and go video				Refocus video Sixth Form Games		
Thursday	Wake and Shake Video Middle and Upper Sports Day			Get up and go video Middle and Upper Sports Day & BBQ				Refocus video LS trampoline drop ins (CK) (20 mins per group)		
Friday	Wake and Shake Video *Year 10/11 sports careers Assembly* Lower School Sports Day			Get up and go video Lower School Sports Day & BBQ				Refocus video Year 7 Aqua Aerobics Year 10 Games		

BREAK

LUNCH

REGISTRATION

END OF DAY