



Sally Banfield
Headteacher

Dear Parents and Families,

With just a few months to go before the Wales residential, we are writing to share some further information about the trip.

Departure to Wales and Return to School

Pupils will come to school on their normal school transport with their luggage for the trip. We will be leaving school by 9.30am on Monday 12th May.

On our return on the Friday 16th May, we will return after school transport. Therefore, you will need to collect your child on their return. We are aiming to return to school by 7.00pm. Should there be any delays we will call to notify you of our arrival time.

Forms

There are 3 forms that must be completed and returned as soon as possible.

- * SOE3 form – which will be attached to this letter
- * Green Medical Form- which will be attached to this letter
- * Llain Medical form- which will be attached to this letter

Lunches for 12th May

All pupils will need to bring a packed lunch with them on Monday 12th May for the journey to Llain Activity Centre. If your child is entitled to free school meals and would like a school packed lunch, please fill in and return the slip below.

Electronics

As the journey is quite long, we are happy for electronic devices to be brought along but these will be taken off the children when they arrive at the centre and then returned on the Friday for the journey home. Please make sure their devices are labelled with their name and, if they need charging, that leads are also labelled too. We will ensure they are suitably charged for the return journey.

Compassion ■ Resilience ■ Respect

Combe Pafford School, Steps Lane, Watcombe, Torquay, Devon, TQ2 8NL

Telephone: 01803 327902 **Email:** emails@combepafford.torbay.sch.uk

Website: www.combepaffordschool.co.uk

Company No. 0846682

Itinerary

This example is an overview of what your child may be doing in terms of activities.

	Morning	Afternoon	Evening
Monday	Travel from school approx. 9.30am Stop at Sedgemoor Services for break	Second stop at Cardiff West Services for lunch Arrive a Llain approx. 3pm	Orienteering Dinner
Tuesday	Beach Walk/ New Quay/ Dolphin Boat	Beach Walk/ New Quay/ Dolphin Boat	LLain Olympics
Wednesday	Woodland ranger	Kayaking/SUP/ Mud Run	Aberaeron Beach Walk
Thursday	Climbing/High Ropes/Zip line	Team Building/ Archery	Disco
Friday	Breakfast Morning activity at centre & lunch	Stop at service station for snack/ break.	Arrive back to school for parent pick up at 7pm

Pocket Money

If your child would like to bring in any pocket money for the residential, please bring it in a named envelope labelled with their name - no more than £5. This will be kept by us adults and given to pupils to spend at an appropriate time during our trip.

Medication

Any medication will need to be brought in on Friday 9th May if possible. If not, please make sure it is with us on the morning of departure (12/5/25) at the latest. All medication will need to be in a clearly labelled bag.

Kit List

The kit list is attached to this letter again. Please make sure your child's kit is packed in a bag that they carry themselves. Where possible, please label all items with your child's name.

- Sliders or flip-flops
- Old trainers or wellies (these will get wet and muddy...and potentially lost!)
- 2 pairs of sturdy shoes (trainers or walking boots)
- 7 x pairs of socks
- 7 x pairs of pants/knickers
- 5 x t- shirts / vests
- 5 x bottoms (trousers or shorts)
- 1 x long sleeve top and trouser/leggings (that will be used for mud run)
- Party outfit for disco
- Thin waterproof coat
- 3 x jumpers/ fleeces/ hoodies
- 2 x towels
- Slippers or bed socks
- PJ's

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- Toiletries; shampoo, conditioner, shower gel, roll on deodorant, tooth brush, toothpaste, lip balm and hairbrush if needed.
- Sun hat
- Sun cream and after sun
- 2 x Swimming costume
- Day rucksack
- Labelled drinks bottle
- Bin bag (for dirty clothes)
- Pocket money £5
- Single fitted sheet
- Sleeping bag
- Pillow in pillowcase

Food at the Centre

Unlike previous visits, we have not been asked to pre order the food for the week and children will instead have 3 options to choose from on the day (one of which will be a vegetarian) much like they do at school.

If you have any further questions, please don't hesitate to contact me.

Yours Faithfully

Mrs Bradfield
Y7 Residential Leader

Please return to class tutor

Name of child: _____ Class: _____

I am entitled to free school meals and would like my child to have a school packed lunch.

Sandwich filling (tick one) Jam Ham Cheese

Signed: _____

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Llain, Llanarth
Ceredigion
SA47 0PZ



Tel: 07977 543396
adventure@activity.cymru
www.llain.com

PARENTAL/GUARDIAN CONSENT FORM

SCHOOL:		Date of arrival:	
PARTICIPANT DETAILS			
Full Name of pupil		DoB	
Medical Information; Conditions, medicines/tablets and allergies. Delete answers as appropriate and elaborate any YES answers on the back of this sheet. Thank you.			
1. Does the pupil suffer from any illness or health problem?			Yes / No
2. Is the pupil on any medication? (please also discuss with party leader)			Yes / No
3. Does the pupil suffer from any allergies or food intolerances?			Yes / No
4. What is the date of the last Tetanus injection (if known)			
Do you have Doctor's approval for attendance if there are medical consideration?			Yes / No / N/A
Are you happy for your child to appear in any photos we may take during activities which may appear on social media marketing?			
Surgery Address			
CONTACT DETAILS			
Emergency contact and relationship			
Mobile contact Number			
PARENTAL CONSENT			
<ul style="list-style-type: none"> • Participation in adventurous activities entails some risk of injury. Llain staff are trained and appropriately qualified to run activity sessions and will at all times proceed in a manner to limit the risks of injury. However, participants accept that accidents and injury may occur. • I confirm that my child is in good health and I consider him/her capable of taking part in activities. • I hereby agree that Llain First Aiders may administer emergency first aid until professional assistance is sought. • I accept that my child is subject to Llain rules and discipline and that instructions must be adhered to at all time for the safety and enjoyment of all concerned. • Llain is not responsible for any loss or damage to personal property. • All information will be treated in the strictest confidence and this form destroyed on the last day of the visit. 			
Signed		Parent/Guardian	Date



Parental Consent for Adventurous Activities, Residentials and Overseas Visits

Dear Parent or Guardian

You have already received details about our forthcoming visit or activity. Please complete and return this form giving your consent for your child to take part in this activity.

School, college or establishment Combe Rafford School	
Visit or activity Year 7 Wales Residential	
Dates and times	Depart: Mon 12th May 2025 9:30am Arrive back: Fri 16th May 2025 7:00pm
Name of child	Date of birth
Special details - any information about your child's health which may need special attention but does not prevent them from taking part should be noted below. (For example; any allergies, any medication needed and the dosage, travel sickness, diabetes, asthma or epilepsy?)	
Has your child had any relevant recent illness?	

SUPPLYING MEDICINE TO SCHOOL

Medication administered on Residential



NAME OF PUPIL _____

TUTOR GROUP / CLASS _____

MEDICINE	DOSE	FREQUENCY

I give permission for the above named medication to be given to the pupil named above whilst on residential.

The medicine should be in date and clearly labelled with:

- Its contents
- The owners name
- Dosage
- The prescribing doctors name
- The use by date

I give permission for school to administer Paracetamol Ibuprofen
when required. Please provide required medication. (Please tick)

NAME _____ SIGN _____

DATE _____

PLEASE RETURN TO COMBE PAFFORD SCHOOL