

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn 1 Cooking	Food safety and Hygiene: Practical cooking						
	Cooking - Veg pasta bake Food safety (Food a fact for life resources) Can I explain why food safety is important? Do I understand what can happen if food is not handled safely?	Cooking - Macaroni cheese The Importance of Food Safety and Hygiene. Can I explain what food poisoning is? Do I know how to prevent getting food poisoning?	Cooking - Spaghetti bolognaise Food Safety Law. Do I understand the legal responsibilities of a food handler? Do I understand who food laws apply to?	Cooking - Spaghetti and meatballs Kitchen Hazards What are the main hazards in the kitchen? How can these hazards be minimized? Can I spot hazards in the kitchen?	Cooking - Lasagne Dangerous Environments. Can I explain why a kitchen is a Dangerous Environment? Can I list what makes a kitchen a dangerous environment?	Cooking - Chilli con carne Kitchen Hazards - The Law and your Role Do I understand what a healthy and safety police is? Do I understand what a risk assessment is?	Cooking - Half term baking of choice. End of term Food safety quiz
Autumn 2 Life Skills	Knowing my local area & Personal Safety					Working as a volunteer	
	What is Life Skills? Self-assessment What are emergency services? How do the emergency services support in our local area? Do I understand the consequences of misusing emergency services? What would I do in an emergency?	Can I keep myself safe out in public? If I feel unsafe do I know how to manage this? Can I keep myself safe when using the roads? Road safety when moving towards adulthood. What is my address and emergency contact information?	Where do I live? What is important about Torbay and Devon? What buildings are in my town? What is a public facility? What public facilities are in my town? How do public facilities support local people? How can we make use of public facilities? Which public facilities do I use?	<i>Trip to Torquay library to visit a public facility.</i> <i>How is the library used to support a range of people? How can the library be used when looking for a job?</i> <i>Get a library card.</i> Opportunity for travel training	What does community mean? Which communities am I part of? How do people contribute towards their community? Which community groups are in my local area? Can I demonstrate participating within a community group?	What is a volunteer? How can volunteers support within their community? Why do people volunteer? Plan an activity morning for a Mayfield School group.	Deliver activity morning for Mayfield School group. Can I work within a team to demonstrate positive volunteering input?
Spring 1 Cooking	Food safety and Hygiene: Practical cooking						
	Cooking - Enchiladas. Food Contamination. What is food contamination? What are the 3 different types are of contaminates? How would you deal with contaminated food?	Cooking - Sausage and mash Cross Contamination What is Cross Contamination? What different ways can Cross Contamination occur? (including allergies) How can it be prevented?	Cooking - Toad in the hole Bacteria. What are the different types of Bactria? Where do they come from? How does Bactria effect the body?	Cooking - Chicken kebabs How to Prevent Food Poisoning. How does bacteria grow? What is the danger zone? Do I know what temperature bacteria dies at? Do I know how to store food correctly? Do I know what fridge and freezer temperatures should be?	Cooking - Chicken stir fry Maintaining Good Personal Hygiene. How can your personal hygiene effect you and other people's food? How can I have good personal hygiene? What do I need to do? How the 3 different types of do contaminates	Cooking - half term baking of choice End of term Food safety quiz	

		What are the consequences of Cross Contamination?			associate with personal hygiene?		
Spring 2 Life Skills	Personal Hygiene		Accessing Health Services		Choosing and looking after clothes		
	Do I understand how my personal hygiene affects others? What are the long-term effects of poor personal hygiene? How can my personal hygiene affect my chances of gaining and retaining employment?	How often will I need to visit a dentist? How often will I need to visit an optician? How often will I need to go to a hairdresser? How can a pharmacist support me with my personal hygiene?	Can I find contact information for healthcare services in my local area? How do I know when I need help? Can I recognise when someone else may need help? Do I know how to access help in a crisis situation?	<i>Trip out to visit local health care services.</i> <i>The Moorings?</i> Opportunity for travel training	Where do I buy my clothes? What size clothes, shoes and socks do I wear? Can I distinguish between appropriate outfits for a range of formal and non-formal events? Do I understand the consequences of wearing inappropriate clothing to these events?	When and why do clothes need to be washed? Do I understand a range of care symbols related to cleaning clothes? Am I able to use a washing machine? Am I able to dry laundry? Am I able to use an iron safely?	
Summer 1 Cooking	Food safety and Hygiene: Practical cooking						
	Hays Level 2 Hygiene and Safety certificate TEST All pupils to complete Hays online test before practical cooking, this term	Hays Level 2 Hygiene and Safety certificate TEST All pupils to complete Hays online test before practical cooking, this term	Hays Level 2 Hygiene and Safety certificate TEST All pupils to complete Hays online test before practical cooking, this term	Hays Level 2 Hygiene and Safety certificate TEST All pupils to complete Hays online test before practical cooking, this term	Demonstrating food hygiene in practical situation	Demonstrating food hygiene in practical situation	Half term baking of choice Demonstrating food hygiene in practical situation
Summer 2 Life Skills	Household cleaning		Household shopping		Preparing to live independently		
	Can I identify potential hazards around the home? Do I know how to keep myself safe at home? Can I recognise symbols on cleaning products? Can I use cleaning products safely to clean a range of household areas?	Can I recognise which areas of a house need cleaning? Can I use a range of equipment and products to clean areas of a house? Do I understand how often areas of a house need cleaning? Can I identify other tasks that need doing around the house?	What are household essential items? How often do they need to be bought? Where can I buy these items? Can I find these items and compare prices to get the best price?	What do I pay for now? What am I going to have to pay for in the future? Where do I get my money from? What are direct debits? What happens if I do not have enough money to pay for my bills? Who can help me?	Making appointments Why might I need to make an appointment? Can I give the correct information over the phone? Can I arrive on time for a meeting?	Bank account Why would I need a bank account? Where is my local bank? How can the bank support me? Train Where is my local train station? Where can I travel on the train in my local area? How do I buy a ticket? Opportunity for travel training	Leisure How do I fill my free time? Why is it important to have hobbies? What activities are available in my local area? Trial new hobby activities.