

## E-Safety

## Are you a responsible parent/carer?

## Here are 10 points to help keep you and your family safe:

- 1. Do you have a parental lock on your child's computer?
- 2. Do you know the dangers of letting your child play 18 certificate games and watching 18 certificate DVDs?
- 3. Do you know who your child talks to online?
- 4. Do you know which sites your child visits online? For example do you know what your child looks at on 'You Tube'?
- 5. Does your child have a secure password to protect them from people online?
- 6. Do you have filtering software on your computer so you can choose what your child can look at, and you can monitor your child's online activity?
- 7. Does your child know how to block or report another user who may be sending nasty or inappropriate content?
- 8. Does your child know the dangers of sharing personal information with online people who may not have their best interests at heart?
- 9. Does your child know that online activities such as sending nasty messages can have offline consequences? And do they know what to do if THEY are being cyber bullied?
- 10. Does your child know that once an image or video is sent they have lost control and anyone can potentially see it?

Let your child know that you trust them but that you want to keep them safe when using technology.

## **Useful Links:**

- 1. K9 Web Protection is a free internet filter & parental control. http://www1.k9webprotection.com/
- 2. Informative website covering all aspects of E-Safety. http://www.thinkuknow.co.uk/

If you would like support or advice with any of the above questions please contact Mr Spooner or Mr Davey at the school.