


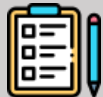




## Subject: Cooking

## Phase: Years 8- 9

Welcome to the Cooking lifeskills Super Curriculum. Now you will find a whole host of exciting things to do to develop your understanding and boost your knowledge of cooking lifeskills. We hope you enjoy doing this work. You might want to create a workbook, journal or presentation of the things you do. You will earn reward points if you can show your teacher.

<b>READ</b> 	<b>WATCH</b> 
<p>Explore these delightful and fun autumn and Halloween-themed recipes. Challenge yourself to try something new and bring the flavors of the season to life in your own kitchen! What spooky or autumnal treats can you create?</p> <p><a href="https://www.bbcgoodfood.com/howto/guide/autumn-bakes">https://www.bbcgoodfood.com/howto/guide/autumn-bakes</a></p> <p><a href="https://www.bbcgoodfood.com/howto/guide/autumn-cooking-projects-kids">https://www.bbcgoodfood.com/howto/guide/autumn-cooking-projects-kids</a></p> <p><a href="https://www.bbc.co.uk/food/recipes/chocolatecobwebcupca_93842">https://www.bbc.co.uk/food/recipes/chocolatecobwebcupca_93842</a></p>	<p>Check out this link for 10 easy treats to fall in love with this autumn  <a href="https://www.youtube.com/watch?v=OxB9wIAF1fU">https://www.youtube.com/watch?v=OxB9wIAF1fU</a></p> <p>Check out this link for easy Halloween cupcake decorations to spook up your treats  <a href="https://www.youtube.com/watch?v=t7rF1VBOYhY">https://www.youtube.com/watch?v=t7rF1VBOYhY</a></p>
<b>LISTEN</b> 	<b>DO</b> 
<p>Immerse yourself in the soothing sounds of cooking. Close your eyes, let your senses unwind, and picture the dish coming to life as each gentle sound stirs your imagination.</p> <p><a href="https://www.youtube.com/watch?v=FJC1eBRJ-DY&amp;t=358s">https://www.youtube.com/watch?v=FJC1eBRJ-DY&amp;t=358s</a></p>	<p>Use one of the recipes listed, or find one of your own, to create a delicious treat with a fun Halloween twist.</p> <p>Get hands-on in the kitchen—after all, practice makes perfect.</p> <p>Share and share again! Show off your cooking by bringing some treats to school, snapping photos, and being proud of what you've created.</p>

