

Autumn

Key Idea

Knowledge

Focused skill

Health and circulation.



Consolidate

Stretch

Explore nutrition and exercise.

Explore the heart and circulation.

Plan and do

To plan how to investigate the effect of exercise on the body.

Changing materials.



Consolidate

Stretch

Explore changing state

Explore reversible and irreversible changes.

Classify and communicate

Describe changes caused by heating and cooling.

Describe and classify reversible and irreversible reactions.

Spring

Key Idea

Light



Consolidate

Stretch

Knowledge

Explore light and reflection

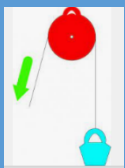
Explore how light travels.

Focused skill

Record and review

To review investigation on shadows.

Forces and movement



Consolidate

Stretch

Explore gravity and resistance.

Explore levers and pulleys.

Review

To Investigate and review plasticine shapes in water or levers and pulleys.

Summer

Key Idea

Knowledge

Focused skill

