# CFC 1 Confidence building for the young child through play. Unit Outline and End Points

### **Unit Outline**

The emphasis of this particular unit is on how playing can help build young children's confidence so that they become confident in their ability to do things. You will learn how becoming confident helps a young child to develop a positive self-esteem. You will explore ways in which adults can support young children in their play without dictating how the young child should play. Young children can participate in different activities and you will see how activities can be carried out to help them to express their feelings freely.

Practical activities explored and planned for young children as part of learning may be implemented through practical workshops where young children are present. The unit supports the development of skills and confidence in students to enable them to plan and implement confidence building in a relevant real work environment. We will also explore the learners own feelings of confidence and self-esteem and how this might have been effected by their own experiences as a young child.

Essential skills to consolidate	Extra skills to stretch
Know the support a young child needs to gain confidence through play.	Students will explore new terminology, work together to discuss, plan and present,
Know how to encourage a young child to express their feelings through play.	(involving use of internet for research and word processing) as appropriate. There
	may be some opportunities for relevant math's as students participate and
	contribute to a wide range of activities and experiences.

## Equipment that you will use within this unit

Pupils will use a range of craft materials and play equipment to plan and deliver practical activities that support the development of confidence in young children.

Key vocabulary for our pioneers	Key vocabulary for our investigators
Confidence self-esteem	Emotions support

#### Assessment

Pupils will be assessed midway and at the end of the unit using a range of written and IT schemes

## Progression

This unit will provide suitable scaffolding of skills and knowledge for further progression into the next unit, Craft activities for young children.

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